



IT'S MY TIME

FOR

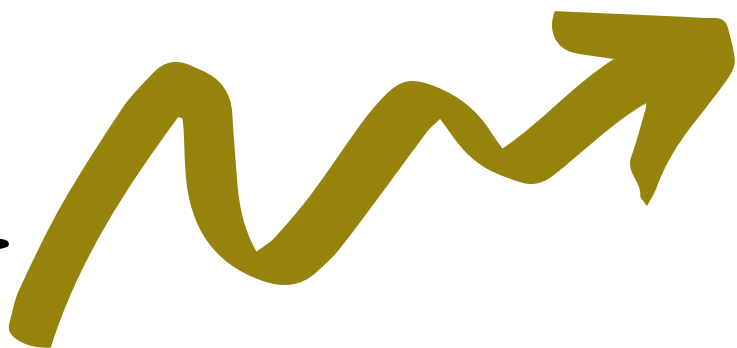
GREATNESS

AN ATTITUDE GUIDE TO HELP

**TEENS**

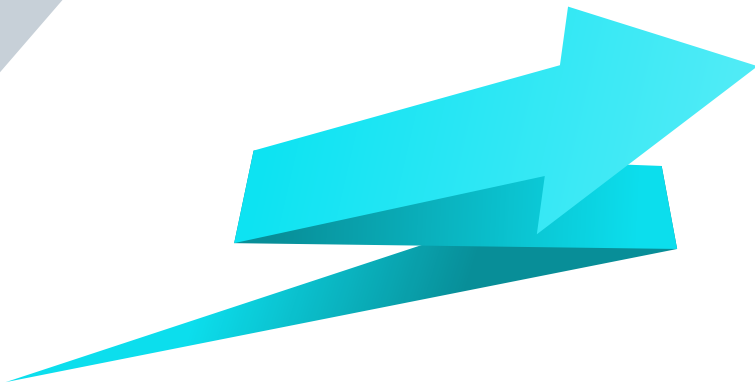
MAXIMIZE THEIR POTENTIAL

→ dream →



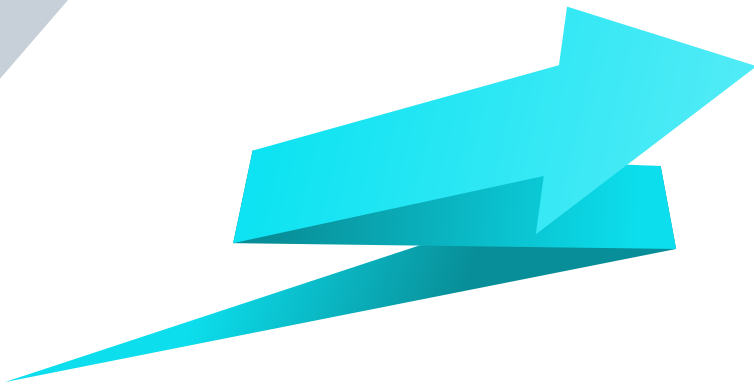
"This definitely is your time for greatness. Right now, right here, this moment, is what you were born for. Let's go be great."

- Matthew Collins



# 6 GAME CHANGING SECTIONS

1. YOU WERE CREATED FOR GREATNESS
2. THE VISION FOR GREATNESS
3. THE MIND SET OF A WINNER
4. THE HABITS OF GREATNESS
5. THE DETERMINATION OF A CHAMPION
6. THE HEART OF A LEADER



## **SECTION 1**

**YOU**  
**WERE CREATED**  
**FOR**  
**GREATNESS**



YOU WERE NOT BORN ON  
ACCIDENT OR BY COINCIDENCE.

YOU WERE CREATED FOR  
GREATNESS. YOU WERE BORN TO  
LEAVE A POWERFUL MARK ON  
THIS PLANET.

**SPEAK IT OVER YOURSELF**

**I WAS  
BORN  
TO  
LEAVE A  
POWERFUL  
MARK  
ON THIS PLANET**



YOU WERE CREATED TO DO  
THINGS THAT HAVE NEVER BEEN  
ACCOMPLISHED BEFORE. YOU  
WERE DESTINED TO BREAK  
RECORDS, TO MOVE MOUNTAINS,  
TO SET A NEW PACE.

**TODAY IS THE DAY**

**TODAY I WILL  
DO SOMETHING  
POSITIVE  
I HAVE NEVER  
DONE BEFORE**



YOU CAN DO MORE THEN JUST  
FIT IN. YOU HAVE BEEN CALLED  
FROM YOUR MOTHER'S WOMB  
TO LEAD AND TO ACHIEVE.

**TODAY IS THE DAY**

**TODAY I WILL  
BELIEVE THAT I  
WAS CREATED  
FOR GREAT  
PURPOSES**



GREATNESS IS WHEN SOMEONE  
STEPS UP TO THE PLATE AND  
HELPS OTHERS ACHIEVE SUCCESS  
BY GOING THE EXTRA MILE.

**SPEAK IT OVER YOURSELF**

**I AM  
LIVING TO  
INSPIRE  
OTHERS  
TO BE  
GREAT**





BEING A PERSON OF GREATNESS IS  
BEING AN ORDINARY INDIVIDUAL  
WHO MAKES AN EXTRAORDINARY  
IMPACT THROUGH YOUR GIFTS AND  
CHARACTER. YOU ARE A GAME  
CHANGER. YOU ARE AN ORDINARY  
PERSON WHO HAS WHAT IT TAKES  
TO BE AND DO EXTRAORDINARY  
THINGS.

**TODAY IS THE DAY**

**TODAY I  
WILL  
BE  
EXTRA-  
ORDINARY**



YOU HAVE ONE LIFE TO LIVE ON THIS  
PLANET. USE IT TO LEAVE A LEGACY  
OF HOPE, DETERMINATION AND  
COURAGE.

# **Reflection**

**Close your eyes and  
really let those words  
sink in, "You were  
created for greatness".**

**Do you feel inspired?  
Just imagine if you lived  
believing this.**



THERE ARE GIFTS ON THE INSIDE OF  
YOU THAT WILL MAKE YOU VERY  
SUCCESSFUL AND CREATE  
OPPORTUNITIES FOR THIS WORLD TO  
BE A BETTER PLACE. ALL YOU HAVE  
TO DO IS GIVE YOUR ALL TO THE  
GIFTS INSIDE OF YOU.

YOU CAN BE THE PERSON WHO  
ELEVATES YOUR COMMUNITY FOR  
GENERATIONS TO COME. YOU CAN BE  
THE PERSON WHO BLESSES YOUR  
FAMILY IN WAYS THEY HAVE NEVER  
BEEN BLESSED BEFORE. YOU CAN BE  
THE ONE WHO INSPIRES YOUR  
GENERATION. WHY NOT YOU, WHY  
NOT NOW.

**SPEAK IT OVER YOURSELF**

**I AM ELEVATING  
MY FAMILY,  
COMMUNITY  
&  
GENERATION**



PEOPLE ARE NOT GOING TO REMEMBER  
YOU BY HOW COOL YOUR CAR WAS OR BY  
HOW BIG YOUR HOUSE WAS. YOU WILL BE  
REMEMBERED BY HOW MUCH YOU  
IMPACTED PEOPLE'S LIVES. YOU WILL BE  
REMEMBERED BY THE KIND OF PERSON  
YOU WERE. THAT'S WHAT SUCCESS AND  
GREATNESS IS ALL ABOUT.



THERE IS PURPOSE FOR YOUR LIFE BIGGER  
THAN YOU CAN IMAGINE. THERE ARE  
WHY'S TO YOUR BIRTH. THE MORE YOU  
DISCOVER YOUR WHY'S THE MORE  
SUCCESSFUL YOU WILL BE.

# I CAN, I WILL AND I AM

WRITE DOWN 3 I CAN'S AND I WILL'S THAT  
APPLY TO YOUR LIFE FROM THIS SECTION

I CAN

I CAN

I CAN

I WILL

I WILL

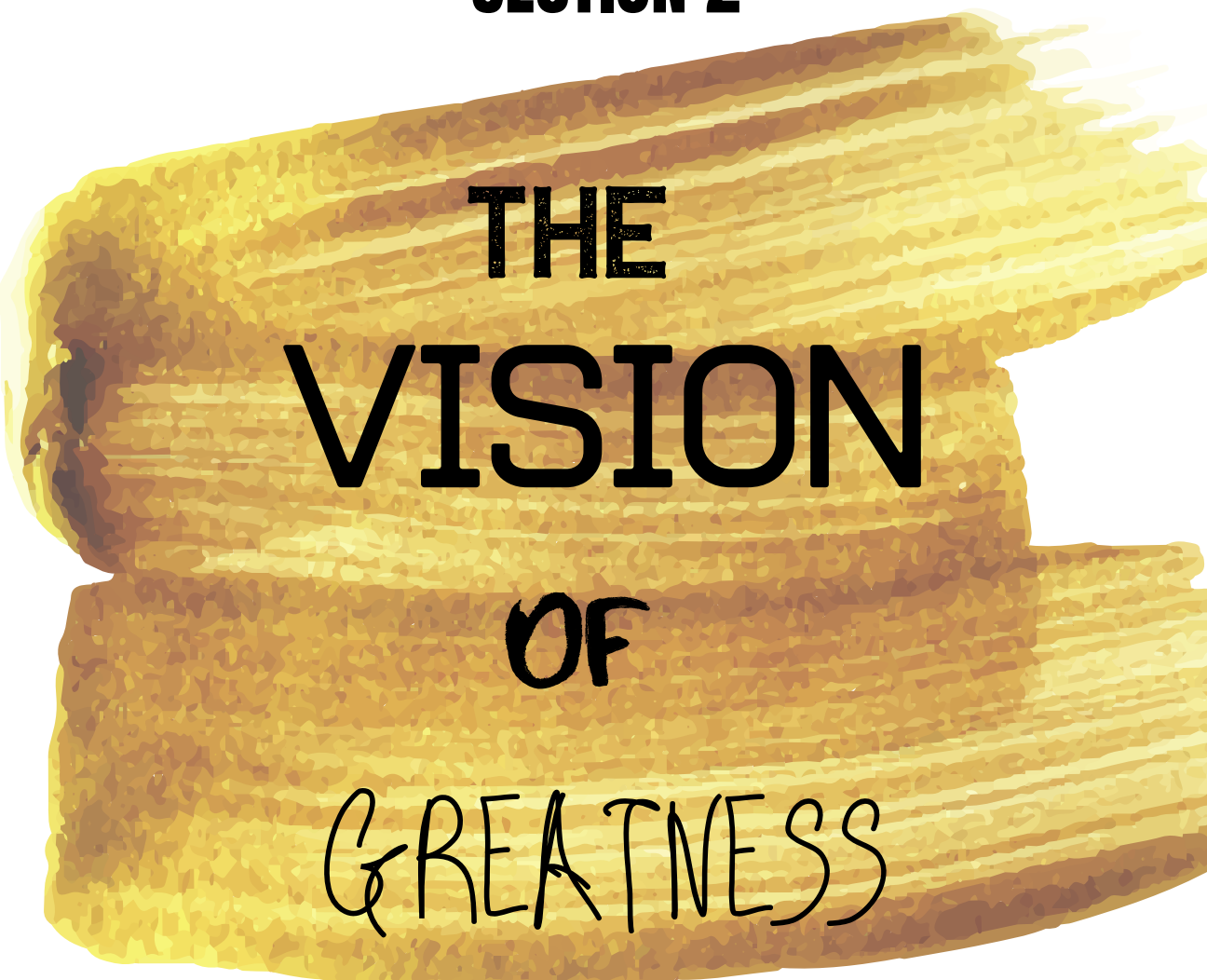
I WILL

# **Write a letter to your self**

Make a promise to yourself that this year, you are going to use the inspiration from this section to take your life to the next level

Self, I promise the rest of this year....

## SECTION 2

The background for the title is a large, horizontal, textured brushstroke in shades of yellow and gold. It has a rough, painterly appearance with visible brush marks and varying tones of the color.

# THE VISION OF GREATNESS

EVERY PERSON WHO HAS EVER DONE  
ANYTHING GREAT IN LIFE, HAD SOME  
LEVEL OF VISION FOR THEIR LIFE. THEY  
SAW WHAT THEY WANTED TO BECOME  
AND THEY WENT AFTER IT.

**SPEAK IT OVER YOURSELF**

**I AM  
PERSON  
OF  
VISION**



YOU MAY NOT COME FROM A GREAT  
ENVIRONMENT, OR FROM GREAT  
OPPORTUNITIES BUT YOU CAN LIVE A  
GREAT LIFE. WITH A VISION FOR YOUR  
FUTURE, ANY TYPE OF LIFE IS POSSIBLE  
FOR YOU.

**TODAY IS THE DAY**

**TODAY I WILL  
SEE MYSELF  
DOING  
GREAT THINGS**





IT DOESN'T MATTER WHERE YOU START AT  
IN LIFE. WHAT MATTERS IS WHERE YOU  
ARE HEADED. WHAT MATTERS IS THAT  
YOU HAVE A DREAM THAT'S DRIVING YOU  
TOWARDS GREATNESS EVERYDAY. YOUR  
FUTURE CAN BE BETTER THAN YOUR PAST  
WHEN YOU ARE FOLLOWING YOUR  
DREAMS.

**TODAY IS THE DAY**

**TODAY I WILL  
GET  
STARTED ON  
CREATING A  
GREAT LIFE**



EVERYTHING WAS AT ONE POINT A  
VISION IN A PERSON'S MIND. JUST  
IMAGINE WHAT YOU CAN BECOME AND  
WHAT YOU CAN ACCOMPLISH IF YOU  
TAKE THE TIME TO ENVISION A BRIGHT  
TOMORROW.

**SPEAK IT OVER YOURSELF**

**I AM  
A DREAMER,  
A BELIEVER,  
A DOER**



HAVING A VISION IS WHEN YOU HAVE A  
DREAM TO ACCOMPLISH SOMETHING  
WORTH WILD AND TO BECOME SOMEONE  
WORTH FOLLOWING.

**SPEAK IT OVER YOURSELF**

**I AM  
PURSUING A  
VISION  
FOR MY LIFE,  
THAT  
IS WORTH  
FOLLOWING**



# **Reflection**

**Close your eyes and really  
let those words sink in.**

**" You can create a bright  
future by having a vision  
for it".**

**What is your dream?  
What would you see yourself  
becoming if you knew it was  
possible?**



A VISION IS SEEING YOUR FUTURE  
POTENTIAL SELF AND WORKING YOUR  
WAY TOWARDS BECOMING THAT PERSON  
EVERYDAY.



**TODAY IS THE DAY**

**TODAY I WILL  
MAKE DECISIONS  
THAT MY  
FUTURE SELF  
WILL THANK  
ME FOR**



NEVER LET OTHER PEOPLE LIMIT YOU  
BASED ON WHAT THEY THINK OF YOU.

BELIEVE IN THE POTENTIAL THAT IS  
WITHIN YOU. THE MORE YOU EMBRACE  
WHAT YOU COULD BE AND THE MORE  
YOU WORK AT IT, THE MORE IT WILL  
BECOME A REALITY.

YOU ARE LIMITED TO THE LEVEL OF THE  
VISION YOU HAVE OF YOURSELF. SEE  
YOURSELF AS VALUABLE. SEE YOURSELF  
AS CAPABLE. SEE YOURSELF AS BLESSED.  
SEE YOURSELF AS A LEADER. SEE  
YOURSELF AS ONE OF A KIND.

**SPEAK IT OVER YOURSELF**

**I SEE MYSELF  
AS GOD SEES  
ME.**

**I AM CAPABLE.**

**I AM LOVED.**

**I AM BLESSED.**



YOU HAVE YOUR ENTIRE LIFE AHEAD OF  
YOU. YOUR LIFE IS A BLANK CANVAS  
RIGHT NOW. SPEND YOUR TIME AS A  
YOUNG PERSON, WRITING DOWN YOUR  
GOALS AND GOING AFTER THEM. YOU  
CAN HAVE 3 MONTH GOALS AND YOU  
CAN HAVE 3 YEAR GOALS. CHALLENGE  
YOURSELF, DREAM BIG AND TAKE THE  
SHOT!

**SPEAK IT OVER YOURSELF**

**I AM A  
GOAL SETTER  
AND  
I AM  
GOING AFTER  
MY GOALS.**



EVEN IF YOU DON'T ACCOMPLISH ALL OF YOUR DREAM, YOU WILL STILL END UP ACHIEVING GREAT THINGS. IF YOU DON'T HAVE ANY DREAM YOUR CHASING HOWEVER, YOU WILL NOT ACHIEVE ANYTHING. IT'S FAR BETTER TO GO AFTER YOUR DREAMS AND END UP WITH A LITTLE LESSER OF AN ACHIEVEMENT THAN TO SIT ON THE SIDELINES AND NEVER BECOME ANYTHING.

# **Reflection**

**Think about the vision you want to have for yourself for the next 12 months. There is a lot you can achieve in one year.**

**Close your eyes and really see yourself living out your dreams! Do this often.**





# I CAN, I WILL AND I AM

WRITE DOWN 3 I CAN'S AND I WILL'S THAT  
APPLY TO YOUR LIFE FROM THIS SECTION

I CAN

I CAN

I CAN

I WILL

I WILL

I WILL

# Write a letter to your self

Make a promise to yourself that this year, you are going to use the inspiration from this section to take your life to the next level

Self, I promise the rest of this year....

## SECTION 3

# THE MINDSET OF A WINNER

YOUR MIND SET, SETS THE PACE FOR YOUR  
LIFE. IF YOU THINK DEFEATED YOU ARE  
GOING TO LIVE DEFEATED. IF YOU THINK  
LIKE A WINNER, YOU ARE GOING TO LIVE AS  
A WINNER. THAT'S WHY YOUR ATTITUDE IS  
EVERYTHING!

**SPEAK IT OVER YOURSELF**

**I AM  
A WINNER,  
A OVER COMER,  
A GAME CHANGER,  
A SUCCESS STORY**



YOUR ATTITUDE IS WHAT WILL MAKE YOU  
OR BREAK YOU. WHEN YOU DEVELOP A  
STRONG AND POSITIVE ATTITUDE, IT  
EMPOWERS YOU TO BE GREAT. IF YOU LET  
NEGATIVITY CONSUME YOUR MIND, IT WILL  
STOP YOU FROM SUCCESS.

IF YOU THINK YOU CAN'T ACHIEVE  
GREATNESS, YOUR RIGHT. IF YOU THINK  
YOU CAN ACHIEVE GREATNESS, YOUR  
RIGHT. AS A MAN THINKS, SO IS HE.

**TODAY IS THE DAY**

**TODAY I WILL  
BELIEVE IN  
MYSELF. I WILL  
BELIEVE I CAN  
ACHIEVE**





YOUR ATTITUDE IS THE MOST VALUABLE  
THING YOU POSSESS. IT'S MORE VALUABLE  
THAN YOUR TV, YOUR SHOES OR YOUR CAR.  
THOSE THINGS WILL COME AND GO, BUT  
YOUR ATTITUDE WILL CREATE YOUR  
FUTURE. SO FOCUS ON HAVING A WINNING  
ATTITUDE.

YOUR MIND IS LIKE A MUSCLE. THE MORE  
YOU BUILD A BELIEF SYSTEM THAT TELLS  
YOU, YOU CAN, THE MORE YOU WILL HAVE  
THE STRENGTH TO ACHIEVE THINGS THAT  
MIGHT SEEM IMPOSSIBLE.

**SPEAK IT OVER YOURSELF**

**I AM  
GROWING IN  
CONFIDENCE  
EVERYDAY**



# **Reflection**

**Think about how much more successful you would be in all areas if your attitude improved.**

**Close your eyes and see yourself responding better to different situations because of your winning mind set.**



YOUR ATTITUDE DETERMINES YOUR  
ALTITUDE. THE STRONGER YOU BELIEVE IN  
YOURSELF, MIXED WITH HARD WORK, THE  
HIGHER YOU WILL SOAR.

**TODAY IS THE DAY**

**TODAY I WILL  
HAVE A  
WINNING  
ATTITUDE IN  
EVERY  
SITUATION**



THE MINDSET OF AN ACHIEVER IS HAVING  
AN ATTITUDE THAT EMBRACES  
EXCELLENCE, HARD WORK AND  
EDUCATION. IT COULD BE IN SCHOOL, IN  
SPORTS OR ANY AREA OF LIFE. ALWAYS  
PURSUE EXCELLENCE, HARD WORK AND  
EDUCATION. THOSE 3 THINGS ALWAYS  
CAUSE HIGH LEVELS OF SUCCESS.

THE MINDSET OF AN ACHIEVER ALWAYS  
SAYS, "GIVE YOUR ALL TO WHATEVER IS IN  
FRONT OF YOU". WHETHER IT'S  
HOMEWORK, PLAYING DEFENSE OR  
LISTENING TO A FRIEND, GIVE YOUR ALL.  
WHEN YOU MAKE EACH MOMENT COUNT,  
YOU WILL MAKE YOUR LIFE COUNT.



**SPEAK IT OVER YOURSELF**

**I AM  
GIVING MY  
ALL TO  
EVERY  
TASK IN FRONT  
OF ME**



THE MINDSET OF AN ACHIEVER IS SEEING  
THE LITTLE THINGS AS IMPORTANT. FOR  
IT'S THE LITTLE THINGS THAT MAKE A BIG  
DIFFERENCE. IT'S THE LITTLE DETAILS THAT  
BREED GREAT REWARDS. IF YOU CAN BE  
GREAT AT THE LITTLE THINGS, THE BIG  
GOALS WILL TAKE CARE OF THEMSELVES.

**TODAY IS THE DAY**

**TODAY I WILL  
BE GREAT  
AT THE  
LITTLE  
THINGS**



THE MINDSET OF AN ACHIEVER VIEWS  
GOING THE EXTRA MILE AS AN EXPECTED  
DAILY NORM. HE OR SHE THINKS THE  
EXTRA MILE, LIVES THE EXTRA MILE AND  
THEREFORE EATS THE FRUITS OF  
GREATNESS.

**SPEAK IT OVER YOURSELF**

**I AM  
A PERSON  
WHO GOES  
THE EXTRA  
MILE**



# Reflection

**Reflect upon how your life could change for the better as you embrace the quotes from this section.**



# I CAN, I WILL AND I AM

WRITE DOWN 3 I CANS AND I WILL'S, THAT  
APPLY TO YOUR LIFE FROM THIS SECTION

I CAN

I CAN

I CAN

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I WILL

I WILL

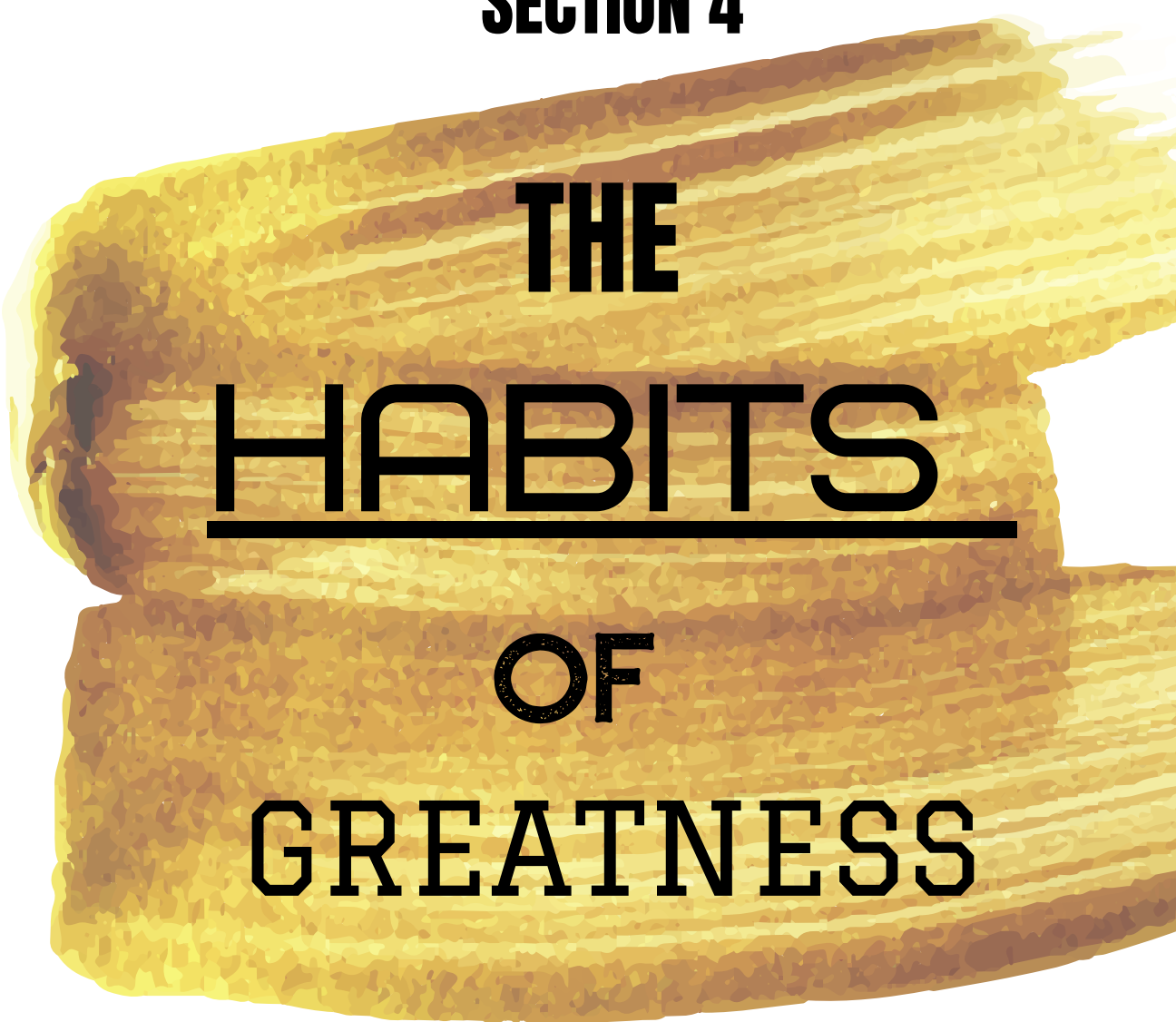
# Write a letter to your self

Make a promise to yourself that this year, you are going to use the inspiration from this section to take your life to the next level

Self, I promise the rest of this year....



## **SECTION 4**

The background of the title section is a large, horizontal, textured brushstroke in shades of golden-brown and yellow, with darker brown edges, giving it a hand-painted or weathered appearance.

# **THE HABITS OF GREATNESS**

A HABIT IS SOMETHING YOU DO ALL THE  
TIME WITHOUT EVEN THINKING ABOUT IT.  
YOU CAN HAVE GOOD AND BAD HABITS.  
YOU CAN DEVELOP HABITS AND YOU CAN  
CHANGE HABITS. IN THE END, YOUR  
HABITS DETERMINE YOUR DESTINY.

**SPEAK IT OVER YOURSELF**

**I AM  
CHOOSING  
HABITS  
THAT ARE  
HELPING ME  
TO SUCCEED**



GREAT HABITS ARE NOT NECESSARILY  
LOUD, BIG OR POPULAR. THEY ARE THE  
LITTLE, CONSISTENT, GREAT MOMENTS YOU  
LIVE OUT ALL THE TIME, THAT EVENTUALLY  
PRODUCE GREAT REWARDS IN YOUR LIFE.

**TODAY IS THE DAY**

**TODAY I WILL  
DO LITTLE  
THINGS  
THAT MAKE  
A BIG  
DIFFERENCE**



THE HABITS OF GREATNESS ARE ABOUT  
CONSISTENTLY GIVING YOUR BEST NO  
MATTER WHAT. WHEN YOUR INSPIRED  
AND WHEN YOUR NOT, YOU GIVE IT  
ANYWAY. WHEN YOUR TIRED AND WHEN  
YOUR WEARY, BUT YOU GIVE IT ANYWAY.  
GIVING YOUR BEST, NOTHING MORE,  
NOTHING LESS, THAT'S WHAT THE HABITS  
OF GREATNESS ARE BUILT ON.

**TODAY IS THE DAY**

**TODAY I WILL  
GIVE MY  
BEST EFFORT,  
NO MATTER  
WHAT**



THE HABITS OF GREATNESS ARE WHAT  
GREAT ACHIEVERS AND LEADERS POSSESS.  
THEY MAKE UP IN THEIR MIND THAT THEY  
ARE GOING TO GRIND EVERYDAY AND THEY  
JUST DO IT. THEY DON'T MAKE EXCUSES  
AND THEY DON'T SETTLE FOR MEDIOCRE.  
THEY PUSH THEMSELVES TO BE GREAT.



HABITS OF GREATNESS ARE WHAT WILL  
UNLOCKS THE GREATNESS WITHIN YOU.  
HABITS SUCH AS, SHOWING UP ON TIME OR  
EARLY. HABITS SUCH AS MAKING YOUR BED  
EVERYDAY. HABITS SUCH AS WORKING AT  
SOMETHING UNTIL YOU HAVE MASTERED  
IT. THESE ARE EXAMPLES OF CONSISTENT  
ACTIONS THAT MAKE YOU SUCCESSFUL.

**SPEAK IT OVER YOURSELF**

**I AM  
A PERSON  
WITH GREAT  
HABITS**

