

# MOMENTUM KILLERS

OVER COMING PEOPLE AND THOUGHTS  
THAT KEEP YOU FROM SOARING

## **OVER COMING CHAPTER TITLES**

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# INTRODUCTION

One of the devil's primary strategies to keep you from walking in the fullness of your destiny, is to keep you from walking in momentum. He knows the secret behind any thing spreading its wings and soaring is the right amount of momentum. If you don't have momentum, you're not going anywhere. Also, without momentum, most likely you will end up in a dry, mundane, defeated place because inwardly you know there is more out there but you feel powerless to move. See momentum is when you are actively empowered spiritually & mentally to thrive in the plans of God for your life. So what Satan does is, try to throw all types of negativity at you, so then in the midst of it, you get overwhelmed & he steals your momentum. If he steals your momentum, he can kill your gifts & hope, thus destroying your destiny.

My friend, Being powerless, stuck, drained and held in a box, is not God's will for you. You were meant to thrive, to soar, to be fully alive, living out your dreams, gifts and passions to the fullest, for the glory of God. God's plans for you, is that you run your race with joy, peace and life overflowing. Your life to the fullest & Everything God has for you, is on the other side of momentum. So when you overcome the momentum killers that are trying to sabotage your life, you will accelerate into God's plans for you. I pray this book gives gas to your faith and energy to your journey.

I sincerely wrote this with you in mind, for I believe in this season, you are going to truly live your best life, spiritually, mentally, relationally, financially and in every way.

Love always,  
Matt Collins



OVERCOMING

# COMPARISON

"WHEN YOUR BUSY LOOKING OVER AT  
SOMEONE ELSE'S LANE TO COMPARE  
YOURSELF, YOUR ACTUALLY SLOWING UP  
YOUR OWN PROGRESS. YOU CAN'T RUN  
YOUR BEST RACE WHILE BEING  
DISTRACTED BY WISHING YOU WERE IN  
SOME ELSE'S SHOES. ALL YOU CAN DO IS  
KEEP YOUR EYES AHEAD & BE THE BEST  
VERSION OF CHRIST YOU CAN BE."



## TOPIC BLOG

God has made you in such unique and extraordinary fashion, and the world needs the you, he has created you to be. It is so tempting to compare ourselves and what lane God has us in, with others, because the devil has done a good job at convincing us that who we are isn't good enough. He points out others and their facebook pictures, their accomplishments and their "perfect life", leaving us feeling worthless and not up to par. When we meditate on his lies & comparisons and believe them, that's when we end up keeping ourselves from the momentum we need to be fully who we have been called to be.

The truth is, you are good enough, in fact, you are more than good enough, your extremely valuable. The more you embrace and enjoy who you uniquely are and what your uniquely called to do, you will find yourself soaring and enjoying your life to the fullest. In closing, the things you see on social media, are only have the story anyways. With every fantastic smile and victory, is a struggle that that person had to overcome or is dealing with. So lets all keep that in perspective, and be free from the momentum killing thoughts of comparison.

# BREAKTHROUGH DECLARATIONS

(DECLARE THESE WITH YOUR MOUTH, EVERYDAY  
UNTIL YOU FULLY SEE THE TRANSFORMATION)

1. I WILL NO LONGER COMPARE MY LIFE TO OTHERS
2. I AM UNIQUE AND CREATED WITH SPECIFIC  
PURPOSES & GIFTS FOR GODS GLORY
3. I CHOOSE TO BE CONTENT AND FULL OF JOY FOR  
WHAT GOD IS DOING IN MY LIFE
4. FROM NOW ON, I WILL CELEBRATE OTHERS, AS WE  
ALL SEEK TO FULFILL OUR UNIQUE DESTINIES

OVERCOMING

# THE NEED FOR VALIDATION

"TO DESIRE VALIDATION OF OTHERS IS  
NATURAL, BUT NEVER LET IT BE THE  
REASON YOU HOLD BACK FROM  
DOING WHAT GOD CALLED YOU TO DO.  
IF EVERYONE DOESN'T VALIDATE YOU,  
SO WHAT. IF GOD IS PLEASED WITH  
YOUR OBEDIENCE, THAT'S ALL THAT  
MATTERS."

## TOPIC BLOG

Validation from others can be a very powerful thing when you are aspiring to be who God made you to be and your in the process of fully believing you can be that person. All too often tho, when your moving forward in your field or industry, others in that industry who are either “above you” or in competition with you, will be threatened by you and will refuse to give you much validation. That also happens a lot because others may misunderstand you and your ambition, thus thinking you don’t deserve any validation (I will speak more on that later).

Well even tho you may have to deal with a lack of validation from others, always allow God to be your main source of validation. If he has called you be or do something, then you be it with all your heart, as an act of worship to him and he will be pleased. At the end of the day, his approval is the main one that counts! So move forward knowing he has called you and he is with you.

## BREAKTHROUGH DECLARATIONS

(DECLARE THESE WITH YOUR MOUTH, EVERYDAY  
UNTIL YOU FULLY SEE THE TRANSFORMATION)

1. I am validated, called and affirmed by God.  
Therefore, I will not allow the lack of validation from  
others, to hold me back.
2. I am loved, celebrated and cherished by God. That  
is were I will get my identity and worth from.
3. I no Longer will lose joy, peace or energy by others  
who don't validate me. I will be grateful for those  
who do, and walk in love towards everyone, but no  
matter what, God is my source.
4. I don't do what I do, for the praise of others, rather  
to serve God and others. Therefore, I am free to love  
and lead no matter what.

OVERCOMING

# THE FEAR OF FAILURE

"IF YOU'RE WAITING FOR THE PERFECT CONDITIONS TO DO WHAT'S IN YOUR HEART, YOU'RE GOING TO BE WAITING FOREVER. THERE WILL ALWAYS BE SOME TYPE OF RISK INVOLVED IN DARING GREAT DREAMS, JUST MAKE WISE MOVES BUT NONE THE LESS, MAKE MOVES."

## TOPIC BLOG

It's okay to be a little scared to fail, its natural, just don't let it stop you from moving forward in your destiny. When you are saying yes to your dreams and destiny, there will always be risks and challenges along the way, but embrace them and see them as opportunities to grow, to learn and to make your story even more amazing. Who wants the story of their life to be filled with nothing but comfortable situations, and no risk conditions, that's a pretty boring life book. What if God allows challenges and cliffhangers in our destiny, because he wants to write an amazing faith story with your life. What if your story was meant to be read by generations to come and God is creating something that will be epic.

Just think if Moses, let the fear of failure stop him, or if David let fear stop him, etc. There stories would have had a totally different outcome then from what God had planned. See the fear of failure doesn't have to be a momentum killer, you can confront it and move forward in your dreams in spite of it, knowing God is with you and his spirit has empowered you to succeed.

## BREAKTHROUGH DECLARATIONS

(DECLARE THESE WITH YOUR MOUTH, EVERYDAY  
UNTIL YOU FULLY SEE THE TRANSFORMATION)

1. I will no longer allow the fear of failure to hold me back.
2. I am a child of God, who is brave, strong and courageous.
3. I am living my life fully, stepping out of any boat God invites me to step out of, and leaping with faith, as I live out my destiny full force.

OVERCOMING

# WORRYING WHAT OTHERS THINK ABOUT YOU BEING WHO GOD CALLED YOU TO BE

"PEOPLE ARE GOING TO ALWAYS HAVE  
THEIR OPINIONS AND MORE THEN  
LIKELY, OFFENSES, WHEN YOU ARE  
CHOOSING TO BE GREAT FOR GOD. LET  
THEM THINK WHAT THERE GOING TO  
THINK, BE HUMBLE AND BE FREE TO  
SHINE!"



## TOPIC BLOG

During the development of you fully being who God called you to be, the devil will always try to put thoughts in your head of what others may think of you. He will say things like, “they are going to be offended”, or “they won’t like you being that free” or “others will be disappointed you are choosing to be more confident”. In the midst of those thoughts (which some may be true), remind yourself, that you are not stepping up and maturing for their praise anyways. You are doing it for the glory of God, you are doing it for his will to be done in the earth.

So I want to encourage right now, this day, to be totally free in who you are in Christ! Be bold, be courageous and be committed, while being humble, grateful and carrying the heart of a servant. Also be honourable to those in authority and to everyone, but in that, don't allow others to handcuff your destiny and keep you from being who God has called you to be.

## BREAKTHROUGH DECLARATIONS

(DECLARE THESE WITH YOUR MOUTH, EVERYDAY  
UNTIL YOU FULLY SEE THE TRANSFORMATION)

1. I no longer overly concerned with what people think of me, as I boldly live out who God has called me to be.
2. I am free mentally, spiritually, and emotionally to let my gifts and the grace on my life, fully flow and soar.
3. I love others, no matter what, and I am fully enjoying my self being who God made me to be.

OVERCOMING

# SELF CONDEMNATION

"SHAKE OFF SHAME, SHAKE OFF SIN,  
SHAKE OFF HELL AND LIVE KNOWING  
GOD HAS EMPOWERED YOU TO WIN IN  
EVERY AREA OF YOUR LIFE. SELF  
CONDEMNATION IS FOR DEMONS AND  
YOUR NOT A DEMON, YOUR MADE TO  
BE A BELOVED CHILD OF GOD."

## TOPIC BLOG

Self condemnation is one of the biggest weapons hell will use to sabotage your destiny in the kingdom of God. He uses this strategy, because self condemnation is what keeps us in a place of mental defeat, thus stopping us from living from the place of victory that Jesus died for us to live from. In romans 8:1 says, "there is no condemnation to those who are in Christ Jesus. Who walk after the new man in him and not after the old man of the flesh." See as a joint-heir with Christ, his victory over death and sin, is our victory over death and sin. In him, we can live from a place of victory, and walk out our freedom everyday as we lean on him.

So you don't have beat yourself up with thinking your not good enough for God, nor for anyone else. The devil is a liar. If you have given your heart to Jesus, then his righteousness is yours, his joy is yours, his peace is yours, his power over sin is yours through the Holy Spirit. Shake off shame, shake off sin, shake off hell and live knowing God has empowered you to win in every area of your life. Self condemnation is for demons and your not a demon, your made to be a beloved child of God.

## BREAKTHROUGH DECLARATIONS

(DECLARE THESE WITH YOUR MOUTH, EVERYDAY  
UNTIL YOU FULLY SEE THE TRANSFORMATION)

1. I let go of every thought that is of self pity, self condemnation and self righteousness. I take on the the love of Christ and his righteousness.
2. I am free from every lie from hell that has caused me to be depressed, drained or defeated.
3. I am worthy of every good thing God has in store for me, because of the blood of Jesus.

OVERCOMING

# TRUST ISSUES

"IF WE ARE GOING TO FULLY  
THRIVE AND ENJOY THE LIVES  
GOD HAS CALLED US TO LIVE,  
THEN WE HAVE TO CONFRONT  
THE PAST HURTS IN OUR LIFE'S."



## TOPIC BLOG

In the broken world we live in, trust is such a tender thing. People hurt people, people you thought you could trust, disappoint you, people you counted on, leave you and so on. So as we experience these hurts, we as people tend to hold on to them in our subconscious and it sabotages relationships with people who really are for you and or God has sent to bless you. If we are going to fully thrive and enjoy the lives God has called u to live, then we have to confront the past hurts in our life's.

By the grace of God, we have to not allow past relationships to kill the momentum of new divine relationships by thinking "this person is going to do what the past person did to me". Often we make these assumptions without even getting to fully know the new person. I have learned that assumptions instead of communication, causes deadly disruption in a relationship. My friend, you were born to have healthy relationships, to thrive in knowing how to trust people and to soar in communication skills. Let this chapter of your life, be one were you once and for all overcome trust issues and thrive in your heart.

## BREAKTHROUGH DECLARATIONS

(DECLARE THESE WITH YOUR MOUTH, EVERYDAY  
UNTIL YOU FULLY SEE THE TRANSFORMATION)

1. I am no longer running and hiding from past hurt that has hindered my relationships.
2. I am dealing with and confronting the wounds of my heart and giving them fully to God.
3. I choose to be free and whole, by the grace of God.
4. From now on, I will love more, forgive quicker, and lead better, as I have overcome my trust issues.

OVERCOMING

# WASTING ENERGY ON NON-PROGRESSIVE PEOPLE

"WHEN YOU ARE CONSTANTLY TRYING  
TO DRAG PEOPLE HIGHER WHO ARE  
INDIFFERENT ABOUT PROGRESS, YOU  
END UP ROBBING YOURSELF OF  
MOMENTUM YOU NEED TO SOAR."



## TOPIC BLOG

Originally I was calling this topic “wasting energy on non committed people” but as I was thinking about this topic, I realized that most people will be committed in some way if there called to you, but the issue is the people who are “committed” but non progressive. Meaning, there around, some of them often and others not much, but they refuse to progress with you. These type of people (God bless them) but they will wear you out and absolutely kill your momentum, if you allow them to. If you are aiming to progress and step into more of what God has, you have to not allow yourself to be emotionally attached to non progressive people, because the frustration of it will actually keep you from fully going forward.

Choose to focus on people in your corner who are open to progressing with you and vice versa. Making the choice to give your energy to people who are going to give you back energy will add fuel to your momentum. Love everyone, forgive, dont hold on to hurt from no one and live your life with joy and peace. It's time to move on and soar!

## BREAKTHROUGH DECLARATIONS

(DECLARE THESE WITH YOUR MOUTH, EVERYDAY  
UNTIL YOU FULLY SEE THE TRANSFORMATION)

1. I will no longer be held down or stuck by people who refuse to truly progress with me.
2. I am free to soar and go forward with the vision and dreams God has given me, with joy, love and humility.
3. I will, from now on, put my energy on those who are willing to run with into the impossible along side me.

OVERCOMING

# FAMILIAR SPIRITS

"NEVER LET PEOPLE WHO ARE  
FAMILIAR WITH YOU ON ONE LEVEL,  
STOP YOU FROM BECOMING WHO GOD  
HAS CALLED YOU TO BE ON A GREATER  
LEVEL."



## TOPIC BLOG

Familiar spirits hide behind people who think they know you because of who Uve been, but refuse to see where God is taking you, so they will hold you captive to that level God is trying to bring you out of, if you let them. See familiar spirits work through people who want you to be who they are comfortable with you being, so that they don't have to be intimidated by your greatness.

My friend, you weren't made to be who people want you to be, you were born to be who God called you to be! So I say, in Jesus name, you are breaking out and breaking forth to your greater! You are shaking out and shaking off every form of negative energy from others, that has tried to hold you back and limit the glory of God on your life! You are not a fearful bird in a trapped cage, you are an eagle who has been born to soar for the glory of God! And you will soar, you will go forth, you will manifest the deep wells of the kingdom within you. The world is waiting for the manifestation of the sons of God, and so it's our time to arise and fully be who we've been called to be. Some will be offended, some won't like you tapping into your greatness, some will try to secretly try to hold you back, but be strong and go forth!

## BREAKTHROUGH DECLARATIONS

(DECLARE THESE WITH YOUR MOUTH, EVERYDAY  
UNTIL YOU FULLY SEE THE TRANSFORMATION)

1. From now on, I will not allow familiar spirits to hold me back from my greater self in Christ.
2. I have discernment and will not allow my soul to be entangled with people who are not all the way for me.
3. I am free to fully go to my next level and live as the person I know deep down, I have been called to be.

OVERCOMING

# THINKING GOD DOESN'T CARE ABOUT YOUR DEEPEST DESIRES

"OUR NATURAL MIND WILL ALWAYS TRY  
TO CONVINCE US TO SETTLE FOR A  
MUCH SMALLER VERSION OF OUR  
DREAMS BY TELLING US GOD DOESN'T  
CARE ABOUT OUR REAL DESIRES. WELL  
NOT ONLY DOES HE CARE, BUT  
USUALLY HIS THE ONE THAT PUT  
THOSE DESIRES IN YOU."

## TOPIC BLOG

In psalms 37:4, David said, delight yourself in the lord and he will give you the desires of your heart. When your spending time with God, he will put desires in you that are his dreams for your life, and then same God who gave you the desires will in due time bring them to pass. He is so good. See the spirit of religion, which is a demonic strategy from hell, has brain washed into believing God doesn't really care about the dreams of our heart. So we live our life's, settling for hand me downs and for a much smaller life then God really has for us. We pursue things that we can make happen on our own, and we set goals that we know deep down are not really our true dreams. Meanwhile we put our real dreams in the corner of the basement of our hearts.

I personally have went through seasons recently were I have been guilty of this. I have doubting that God is not interested in the deep dreams within me, and so I greatly hindered my progress and true destiny because I was chasing goals that I thought I could accomplish on my own. I realized I had really disconnected the dreams deep in my heart, from God, forgetting he was the one that put them there. After seeing Gods faithfulness tho in many areas, I know now in a real way, that God truly does care about bringing the dreams in our heart to pass. He is that good, if you let him be. Just think about when your in a intimate, love relationship, you want that person to experience their most deepest dreams. When they do, it brings you great pleasure because you truly care about their heart. Well that's how your Heavenly Father feels about you.

## BREAKTHROUGH DECLARATIONS

(DECLARE THESE WITH YOUR MOUTH, EVERYDAY  
UNTIL YOU FULLY SEE THE TRANSFORMATION)

1. This day forward, I choose to believe Gods word, that says in Psalm 37:4, "delight yourself in the lord, and he will give you the desires of your heart".
2. I choose to believe, 2nd Peter 5:7, that says, "cast all your care upon him, for he cares for you".
3. I choose to believe, Jeremiah 29:11, that says, "I know the plans I have for you says the lord, plans to prosper you and give you a good future".

OVERCOMING

# THE "ONE DAY" LIE

"WHATEVER YOU PUT OFF INTO ONE  
DAY, WILL NEVER COME TO PAST,  
BECAUSE YOU WON'T TAKE PROACTIVE  
STEPS THAT WILL PREPARE YOU FOR IT  
NOW."

## TOPIC BLOG

One of the biggest deceptions our mind can play on us, is telling us, if we say "one day our dreams will happen", then eventually they will. If we take this concept on tho, with no action behind it, you will always be living in fairy tale land. See I think most of us (me included, because I've done it too) put it off into "one day", because we really don't believe it can happen and or we don't want to take the steps to make it Happen. So we passively dream and say "one day", so we don't have to confront the hard work it will take to get there.

Your destiny is not one day, your relationships soaring is not one day, your finances increasing is not one day, your dreams becoming a reality are not one day, it's now! What I mean by that is, today is always a great day to start the preparation process of bringing your "one days" into reality. Whatever you put off into "one day" will never materialize, so getting to your next level, starts with steps that are in your power to take right now. What can you do today and in this season of your life to make changes, to get closer to your dreams. When you decide to push past the "one day" lie, you will step into a momentum that will propel you forward.



## BREAKTHROUGH DECLARATIONS

(DECLARE THESE WITH YOUR MOUTH, EVERYDAY  
UNTIL YOU FULLY SEE THE TRANSFORMATION)

1. From now on, I choose to live my life with planning and action for my future.
2. I believe the dreams that are within me are possible and tangible. Therefore, I will pursue them whole heartedly, as I seek first the kingdom of God.
3. I shake off every thought that has told me that I can't and won't achieve my most wildest dreams.

OVERCOMING

**PEOPLE WHO  
MISUNDERSTAND YOU &  
THEN JUDGE YOU  
BECAUSE OF IT**

"WHEN YOU ARE AIMING TO BE WHO GOD IS CALLING YOU TO BE, THERE ARE GOING TO BE PEOPLE ON VARIOUS LEVELS WHO DON'T FULLY UNDERSTAND WHAT YOUR BECOMING OR DOING. IT COMES WITH THE TERRITORY OF CHOOSING TO DO THE UNIQUE THINGS THAT ARE IN YOUR HEART TO DO. "

## TOPIC BLOG

When you are aiming to be who God is calling you to be, there are going to be people on various levels who don't fully understand what your becoming or doing. It comes with the territory of choosing to do the unique things that are in your heart to do. Anyone who rocks the boat and or steps out on the water is going to confuse people and make them uncomfortable. This happens often because I believe as humans, for whatever reason, we judge anything or anyone who does not sit in the boat the exact way we do. If we as humans could first hear people's stories and seek to listen to others hearts rather than throw rocks at what is assumed to be on the surface, we would all be able to overcome together.

None the less, the world is not there yet, and so we have to individually decide to overcome people, in love, who choose to judge us through superficial lenses. Never let people who misunderstand you rob your joy or peace. I've learned that, if you focus on these type of people, it will rob you of momentum you need to be creative. Sometimes it's healthy and beneficial to gracefully explain your heart to people, and even if they still refuse to understand, at least you did your part. So overcome and express the kingdom within you, in the way God is leading you to. Be free to create.

## BREAKTHROUGH DECLARATIONS

(DECLARE THESE WITH YOUR MOUTH EVERYDAY  
UNTIL YOU FULLY SEE THE TRANSFORMATION)

1. I will no longer hold grudges towards people who misunderstand me and I will not even waste energy on people who refuse to not even try to understand.
2. I will have joy in knowing, there are people who celebrate and understand the mission God has given me.
3. I am running with the vision that the word of God and the Holy Spirit has assigned me to run with, no matter who miss-judges or condemns me.

OVERCOMING

# GREEDY LEADERS & SYSTEMS

"GREED IN SOCIETY ALL TOO OFTEN  
MAKES IT HARD AND CLOSE TO  
IMPOSSIBLE FOR ORDINARY PEOPLE  
TO THRIVE, BUT AT THE END OF THE  
DAY, YOU CAN'T KEEP A BLESSED MAN  
DOWN."



## TOPIC BLOG

Throughout history, there have always been certain nations, cities, ethnic groups and communities that have been the victim of greedy leaders, kingdoms and systems. People from non rich or upper class families & groups have all too often been ostracized, under resourced and taken advantage of by those who have been driven by money & power. We still see this in America & around the world in many ways, and sadly it even goes on with people of the same Race (so this is not just a racial thing I'm speaking of, it's a greed thing). This greed issue has thus, left the majority of people un empowered to truly live out their dreams. There is another side to the story tho, it's called romans 8:31, it says, "if God be for us, who can stand against us".

No matter who are or what your up against in your nation, with Jesus, you can overcome the odds and be who he has created you to be. It doesn't matter who's in the presidency or in the "elite class", Jesus is on the throne, and his power on your life will empower you and your seed to do the unthinkable! In the kingdom of God, underdogs win all the time. So even tho greedy leaders and systems can make it hard for many to soar, they do not determine your destiny if you are a child of God. With God, all things are possible and I challenge you to live your life like it.

## BREAKTHROUGH DECLARATIONS

(DECLARE THESE WITH YOUR MOUTH EVERYDAY  
UNTIL YOU FULLY SEE THE TRANSFORMATION)

1. I am a blessed, grace filled and empowered child of God, who can prosper, no matter what.
2. Not only am I overcoming the odds but I am changing the odds for others as well.
3. No broken system or greedy agenda can stop me or me seed from winning and being who God says, we can be.

OVERCOMING

# THE GIVE UP GIANT

"MR. GIVE UP WILL ALWAYS BE THERE  
KNOCKING ON YOUR DOOR, ON YOUR  
JOURNEY TO YOUR DREAMS, BUT YOU  
HAVE TO MAKE IT CLEAR TO YOURSELF,  
THAT YOU WILL NEVER GIVE UP,  
PERIOD."



## TOPIC BLOG

On your way to achieving more of your dreams, there will be moments when things get tough and Mr. Give up will be coming knocking at your door. In those moments, tell yourself that the only reason he is knocking on your door is because you must be real close to achievement and he wants to stop you. See in my journey, I've learned that even tho the temptation to give up can be very overwhelming, if you can get through it, you will breakthrough into more success. Feeling like giving up is a great momentum killer but if you keep going, you actually will eventually gain great momentum.

If I could tell you of the dark times when I just wanted to give up, but instead I kept pressing, those were the times of my greatest breakthroughs. Now, I'm at a phase in my life, where I don't even pay no mind when Mr. Give up tries to knock on my door. So today, make up in your heart and mind, that your not even going to allow the feelings of giving up mess with you. Keep pressing consistently and you will spread your wings.

## BREAKTHROUGH DECLARATIONS

(DECLARE THESE WITH YOUR MOUTH EVERYDAY  
UNTIL YOU FULLY SEE THE TRANSFORMATION)

1. I will no longer contemplate giving up on the dreams God has for my life.
2. I will never give up, period!
3. I am pressing on, pressing forth and pressing through!
4. I will live my life in the rest of the lord, for that is where my strength and joy comes from.

OVERCOMING

# FATHERLESSNESS

"GOD NEVER INTENDED FOR PEOPLE  
TO TRY TO BE THEIR BEST SELF ABSENT  
OF TRUE FATHERS IN THEIR LIFE'S.  
WITH GOD YOUR FATHER, YOU CAN  
STILL WIN AND BE EVERYTHING HE HAS  
MADE YOU TO BE."



## TOPIC BLOG

Overcoming fatherlessness can be a very tough hill to climb and conquer, emotionally, spiritually and in many ways. Fathers were meant by God to be the anchor piece of love, mentorship & provision for sons and daughters. Three things that every child needs to thrive in there life are love, mentorship and provision, and when fathers don't provide those things, we usually try to get them in ways that lead us to destruction. I believe (& facts will back me up on this) one of the biggest problems in society is the absence of true fathers. The lack of true, committed, God lead fathers in a persons life is naturally a big momentum killer. God does tho, have a back up plan, him self.

You may have been raised absent of a God led father (blood or spiritual fathers) or be on your journey now, still void of men who will champion you and mentor you, but God is able. Your Heavenly Father can and will feel those voids in your life and bless you in such ways, that leave you more prosperous mentally, socially and spiritually then you could ever thought. His a good father and has ways of working things together to serve his purposes for our life's. Even in that, he will provide earthly men to be in your corner if you ask him, but always remember he is your #1 source. No one can love you, mentor you and provide for you like God can.

## BREAKTHROUGH DECLARATIONS

(DECLARE THESE WITH YOUR MOUTH EVERYDAY  
UNTIL YOU FULLY SEE THE TRANSFORMATION)

1. I am overcoming every obstacle that is in my life because of fatherlessness.
2. I forgive, let go of and move on from any hurt or bitterness that I have been holding on to in this area of my life.
3. I am trusting God to reconcile and or bring to past, relationships with men who carry a fathering heart.
4. I am, by the grace of God, changing the odds by playing my role in breaking fatherlessness cycles in society.

OVERCOMING

# FAMILY DRAMA

"ONE OF THE BIGGEST ENEMIES TO THE ENERGY AND FOCUS YOU NEED TO BE GREAT, IS DRAMA, ESPECIALLY FAMILY DRAMA. STAY AWAY FROM IT."



## TOPIC BLOG

In genesis 12, God told Abraham that he was going to bless him and bless him so much, that all the families of the earth would be blessed by him. Before this happen tho, God told Abraham, that he would have to move on from his family. First of all, understand that Abraham's family, we're pagan worshipers and so it's not like God was telling him to leave a Bible believing lineage. Also, God wasn't telling him to be bitter, booshy or dead to his family either. God was leading him on, because he had a bigger plan for Abraham.

I believe there were many reasons why Abraham had to disconnect from his family & why we do in certain measures, if we are going to reach our destiny. Reasons like, family gossip, family jealousy, family curses and family ways of thinking. See all to often people with great potential and purpose get stunted and stopped in succeeding in their potential because of momentum killers in their family. The things I've mentioned above will destroy your momentum if you don't confront, disconnect and overcome them.

Disconnecting from family gossip, will be one of the most refreshing and liberating things you could do for your health and well being. Also Not being moved by those who are inwardly jealous of you and freeing yourself from their grips through love will be life changing. Lastly, confronting & overcoming generational cycles and curses in your family will be one of the biggest momentum shifters you will ever do! Don't let the way your family thinks or live hold you back from living life to the fullest with God.

## BREAKTHROUGH DECLARATIONS

(DECLARE THESE WITH YOUR MOUTH EVERYDAY  
UNTIL YOU FULLY SEE THE TRANSFORMATION)

1. I am overcoming every form of attack that is from my family.
2. I am overcoming any generational cycle that has been holding me back.
3. I break ties with every negative and unhealthy thought pattern or way of living that is in my bloodline.
4. I am a child of God, therefore, I am moving forward in his freedom and in his righteousness.

OVERCOMING

# PAST DISSAPOINTMENTS

"NEVER LET PAST FAILURES KEEP YOU  
FROM DISCOVERING THE PROMISES OF  
YOUR FUTURE. EVERY LOST WAS  
REALLY JUST A LESSON IN DISGUISE.  
LEARN THE LESSON, MAKE THE  
ADJUSTMENT AND KEEP PRESSING  
ON!"

## TOPIC BLOG

I know it's easy to look back at disappointments and be fearful of trying again or believing again because you don't want to go through the pain again. Really tho, past disappointments are just blessings in disguise. I've learned a few great lessons about disappointments that have empowered me to not let them kill my faith or momentum. I've learned that, past disappointments show you that it wasn't the right timing or all together not the right way for you. Whether it was a person, a strategy, a location or a plan, the revealing actually protects you from being in the wrong path.

I've learned that they are not signs for quitting, they are signs for redirection. If it hadn't been for the disappointment, I wouldn't have had the opportunity to sit back and adjust my life in a way that would actually propel me towards real success. See disappointments will come but don't let them kill your dreams, use them to launch you forward into your dreams. So today, choose to use your past set backs as set ups for your next level and greater success. Use them as building blocks to your dreams.

## BREAKTHROUGH DECLARATIONS

(DECLARE THESE WITH YOUR MOUTH EVERYDAY  
UNTIL YOU FULLY SEE THE TRANSFORMATION)

1. I will no longer allow past disappointments to hold me back from stepping out on faith.
2. I am wiser now, stronger now and better now. I am ready to move forward in my destiny.
3. I declare that every set back in my life, God is using as a set up for my greater purpose.
4. I am free to dream again, to love again and to try again.

OVERCOMING

# SOUL TIES WITH PEOPLE WHO REFUSE TO CHANGE

SOUL TIES WITH PEOPLE YOU HAVE  
HISTORY WITH & LOVE FOR CAN BE  
VERY HARD TO BREAK. IF YOUR GOING  
TO STEP INTO GOD'S FUTURE FOR YOU  
THO, YOU HAVE TO LET GO OF NON  
PROGRESSIVE RELATIONSHIPS."



## TOPIC BLOG

Just because someone has history with you doesn't mean there meant to be apart of your future . In fact, you will miss the future God has for you if you allow yourself to be deeply tied to people who are not trying to go were you know God wants to take you. Whether it be a romantic relationship, a group of friends, a person in your family or even an unhealthy church. You have to ask yourself, how bad do you want to progress in your destiny. If you really want to catapult forward, sometimes great sacrifices are required. Behind every breakthrough is a break up.

Breaking out of momentum killing soul ties are what will lead you into more momentum than you can even handle. This is because, it's your soul that needs to be aligned with God in order for you to thrive in his great plans for you. Your spirit man is already willing and ready to soar but it's our souls that stop us. So the more free your soul is from non progressive people, the more empowered you will be to run into all that you have been born for. So this day, Let go, move on, and run in your purpose like you never have before.

## BREAKTHROUGH DECLARATIONS

(DECLARE THESE WITH YOUR MOUTH EVERYDAY  
UNTIL YOU FULLY SEE THE TRANSFORMATION)

1. I am overcoming any unhealthy emotional soul tie I have with anyone who is not destined to go with me into my future.
2. I am growing and becoming more of who God has made me to be, so I will not be stagnant or go backwards to unhealthy relationships.
3. I am connected with people who are moving into the same path as me in Jesus Name.

OVERCOMING

# THINGS PEOPLE SAID OR DIDN'T SAY TO YOU THAT REALLY HURT YOU

"WE ALL NEED CERTAIN PEOPLE TO  
ENCOURAGE US ALONG THE WAY IN  
OUR DESTINY, AND WHEN THOSE  
WORDS ARE NOT SAID OR DEFEATING  
WORDS ARE SAID, IT CAN CUT YOUR  
SOUL. GOD IS FAITHFUL THO. HE IS THE  
MASTER ENCOURAGER."



## TOPIC BLOG

Every human needs an encourager & every dreamer needs a champion. This is extremely true when it comes to people who are pursuing Gods call for their life's and trying to do it to the best of their abilities. When the dream God has given you is fresh and in the developing stages, it's a very tender thing and needs life spoken over it. Not only does the dream but more importantly the carrier of the dream needs life spoken to them. This is important because all kinds of doubt already naturally creeps in and tries to kill the dream & the dreamer, so encouragement is needed from others. It's especially a big deal when encouragement comes from mentors and leaders who you look up too. How do you deal with then, not receiving any validation or the encouragement your heart really needed from people who you were counting on? How do we overcome the cuts that come when people we needed, don't say anything at all or say words that are defeating & negative?

To overcome these types of wounds, I've learned that a person must lean on a few things. One, Gods grace to not get bitter towards those people but instead bless them anyway. Two, believing God is your source and your success is not dependent upon people who refuse to champion you. Three, trusting God to give you the encouragement you need along the way in your unique journey. My friend, I know the cuts hurt, I know the wounds are deep but you can overcome the flaws and indifferences of others and soar with no bitterness. When you know God is constantly speaking life to you, you don't have to worry about who's not.

## BREAKTHROUGH DECLARATIONS

(DECLARE THESE WITH YOUR MOUTH EVERYDAY  
UNTIL YOU FULLY SEE THE TRANSFORMATION)

1. I am no longer bound emotionally by things people have said or haven't said to me.
2. I forgive every person that has said something discouraging to me in times when I needed them to build me up.
3. I forgive every person who has been silent, when deep down I really needed them to encourage me.
4. I am free to receive life from God and from myself. I also choose to be grateful for those who have encouraged me along the way.

# OVERCOMING JEALOUS PEOPLE

"IN THE WORLD WE LIVE IN, YOUR ALWAYS GOING TO HAVE PEOPLE SECRETLY JEALOUS OF YOU WHEN THEY SEE YOUR SPECIAL. DON'T TAKE IT PERSONAL, THEY JUST HAVEN'T FULLY REALIZED THERE SPECIAL TOO."



## TOPIC BLOG

Jealousy is one the strongest hindrances to a person's momentum because it is one of the most lethal relationship killers. Every person needs relationships on many levels for them to fully soar, yet sadly, many of our relationships get contaminated because of jealousy. When relationships get contaminated by jealousy, they fail to reach their divine purpose. People who could have done great things together and blessed each other in great ways, miss their relational destiny all because jealousy crept in.

The ugly thing about jealousy is that it usually goes undetected and lives behind the scenes of peoples masks they were. Most times it won't come out from behind the curtain but in it's hiddenness, it fuels gossip, accusation, lies, assumption, and so many other things that sabotage divine relationships. So I challenge you moving forward to live above jealousies ugly head and be a person of integrity. Also don't allow people who you discern are jealous of you, stop you from being your best self. Live humbly but live freely as well.



## BREAKTHROUGH DECLARATIONS

(DECLARE THESE WITH YOUR MOUTH EVERYDAY  
UNTIL YOU FULLY SEE THE TRANSFORMATION)

1. I am not allowing jealousy to keep me from being my best self.
2. I am free from jealousy and I am not allowing my relationships to be ruined by jealousy.



OVERCOMING

# THE FEAR OF INTIMACY

"THE MORE WE ARE WILLING TO BE  
TRANSPARENT & VULNERABLE WITH  
GOD AND PEOPLE, THE MORE OUR  
LIVE'S WILL BE FULL OF FREEDOM AND  
JOY."

## TOPIC BLOG

What we choose to not surrender to intimacy, we will reap in some form of addiction and lust, thus losing our joy and peace. What I mean by that is, all too often we forfeit peace and happiness in our lives to various lusts because we hide what our true needs are & or are struggles from each other. We refuse to be transparent and vulnerable with each other and instead wear masks around, trying to solve our personal battles on our own. We do this because we live in a society where most churches, families, workplaces and circles put so much pressure on people to prove themselves, that there is no freedom for people to be transparent, vulnerable and grow. So we all accept this way of living even in our most close relationships at times. We hide things, we put walls up, and we don't deeply love because we're scared we will get hurt. We live in fear that if we don't prove ourselves enough and perform well enough, & we show our vulnerabilities than others won't accept us. This is not God's best for our lives.

When we embrace intimacy in our lives with God, with those we have relationships with and with others, we empower ourselves to experience life the way it was meant to be lived, full of joy and peace. We were made to live in deep connection with God and with each other, that's what intimacy is all about. So when that deep connection happens, when trust, vulnerability and room to grow is embraced, we all thrive. Life to the fullest, overcoming and soaring, truly happens when we lay down our walls and dive into intimacy.

## BREAKTHROUGH DECLARATIONS

(DECLARE THESE WITH YOUR MOUTH EVERYDAY  
UNTIL YOU FULLY SEE THE TRANSFORMATION)

1. From this day forward I choose to grow in being vulnerable with God and people.
2. I refuse to be a person who wears a mask. I will be a person who is honest and content with where I am.
3. I will allow myself and others, room to grow.
4. I am living my life to the fullest because I am embracing intimacy. As I do this, I will also have discernment of who and who not to be intimate with on various levels.